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Contact Author

Author: Angela Dingle
Category: Business Leadership
Print ISBN: 978-1-5323-9139-2
Publisher: DC Media Connection

Author Bio

Angela Dingle is an author, leadership coach and speaker. As a Myers Briggs Type Indicator (MBTI) Certified Practitioner and Certified Management Consultant she helps individuals and business executives develop the skills they need to become effective leaders.

An award-winning business owner, Angela is the President and CEO of Ex Nihilo Management, LLC. Angela began her discovery as a child when Wonder Woman became her alter ego. She is the Recipient of the 2012 Enterprising Women of the Year Award and the Institute of Management Consultants (IMC USA) 2016 Distinguished Service Award.

Angela holds a Master of Science in Management Information Systems from Bowie State University. Angela is a member of Delta Sigma Theta Sorority, Inc., ISACA and IMC USA. She is Chairman of the Board for Women Impacting Public Policy (WIPP). She is a native of Toledo, Ohio and resides in Washington, DC. In her spare time, Angela loves to read books, travel and spend time with family.

Angela C. Dingle

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Book Bio

Discovering Your Girl Powers is about knowing the right combination of skills, behaviors and talents to get where you want to be personally and professionally.

In a straightforward and easy to digest way, this book will provide you with ten strategies to help you build confidence, charisma and credibility. You'll learn how to identify what girl powers are, why girl powers are important and steps you can take to develop your girl powers.

Discovering Your Girl Powers contains practical advice for both genders. In it, Angela cites research and successful business leaders' insight as what makes us follow with total allegiance the direction and vision of others.

TESTIMONIALS

“Honestly, thank you. I had a rough couple of days at work. Just read the beginning of your book and it helped remind me of the super power we possess, Girl Powers!” **Lisa Firestone**

"Even as a former “male” executive, this manuscript was meaningful to me.- **Dr. Franklin Lance**

"This book offers some great advice for tapping into leadership skills that goes beyond simply being business savvy. I think a lot of women, young and old, will benefit from reading it. Thanks for sharing!" – **D. Wheeler**

“This book is for every woman or girl who needs to unleash their “girl powers”.” **Q. Gainey**

“Must read – regardless of your field.“ **Lin Stuart**

Target Audience

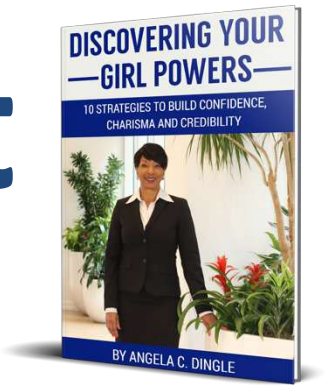
WHO SHOULD READ

- new and aspiring women business executives
- business leaders
- entrepreneurs and solo-prenueurs
- business owners
- corporate executives
- anyone wanting to expand their influence

BOOK BENEFITS

- become empowered
- inspire others
- build confidence
- make an impact
- tackle fears
- increase credibility

Book **Excerpt**



Power #3: Credibility

Credibility is the power of inspiring belief. Your ability to inspire others to believe in you is a key leadership quality that will enable you to build trust and credibility. You build trust and credibility by doing what you say and saying what you mean. There are a number of factors that determine your credibility and your ability to build trust. Sometimes it is the small things, like remembering people's names and sending thank you notes. Other times, it is the big things like being punctual and delivering on promises made. Credibility and trust are reinforced when people speak about you in a manner that reflects the regard they hold you in.

Don't just talk about it – be about it.

So, how does one inspire belief? You need to be able to communicate effectively, to help people see and believe in your vision. According to Bates Communication – "The most important aspect of executive presence is the ability to communicate substance. You are an expert in your field, and you need to share that expertise in a powerful way. In order to do this, you need to develop a high level of skill in speaking, presenting, writing and communicating your ideas. You may be one of the most knowledgeable people in your industry, however, if you cannot convey your business and technical skill, you won't get the recognition you deserve ("The Seven Elements of Executive Presence", 2012)."

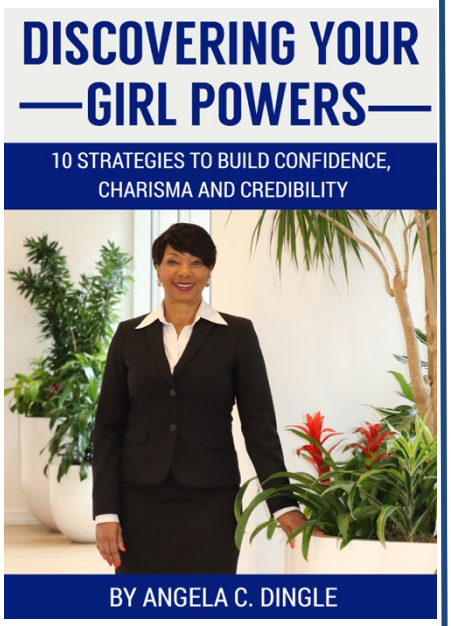
Napoleon Hill famously said, ***"tell the world what you intend to do, but first show it."*** To put it in layman's terms, talk is cheap. If you want to build trust and credibility, don't just talk the talk – walk the walk.

One of the quickest ways to build credibility is to own up to your mistakes. People appreciate your willingness to admit your failures. The opposite is also true - one of the quickest ways to lose that credibility is to fail to take responsibility when something goes wrong. Each time you decide to admit your failures, you further your reputation as someone that can be trusted. Your reputation in the home, workplace and your community can speak volumes. Therefore, "if you have to choose between a good reputation and great wealth, choose a good reputation (Proverbs 22:1)." Your ability to communicate your values, work ethic and expectations consistently will go a long way towards building credibility.

Interview Questions

1. What are girl powers?
2. Why is it important for women to use girl powers?
3. Why is authenticity important for women in business?
4. What is a woman's greatest strength in the workplace?
5. How does women's leadership differ from men?
6. What's the benefit having women in leadership?
7. What are some ways to tackle fear?
8. Why do women in business need sponsors?
9. How do mentors help women in business?
10. Does crying in the workplace hinder women's careers?
11. Is it okay to fake it until you make it?
12. How can you build trust and credibility?
13. What is active listening and why is it important?
14. How do cultural differences affect confidence?
15. What is the importance of being trustworthy?
16. In what way is charisma like emotional intelligence?
17. What are some tips for honing your social skills?
18. What is a transformational leadership style?
19. What are some tips for eliminating fillers?
20. How do women give away their power?

STORY IDEAS FOR REPORTERS:



1. What are Girl Powers and How Does it Work?

2. At Last, The Secret to Girl Powers is Revealed

3. Everything You Wanted to Know About Girl Powers and Were Afraid to Ask

4. Your Key to Success: Girl Powers

5. What Everyone Ought to Know About Girl Powers

6. 3 Simple Tips for Using Girl Powers to Get Ahead of Your Competition

7. How Girl Powers Made Me a Better Leader

8. Fear? Not if You Use Your Girl Powers

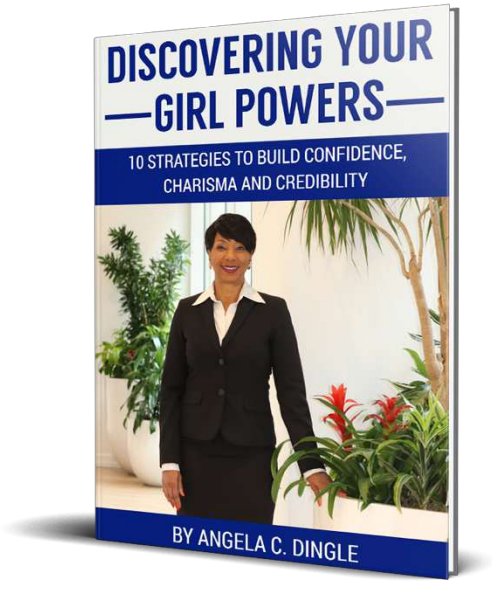
9. You Will Thank Us – 10 Tips About Girl Powers You Need to Know

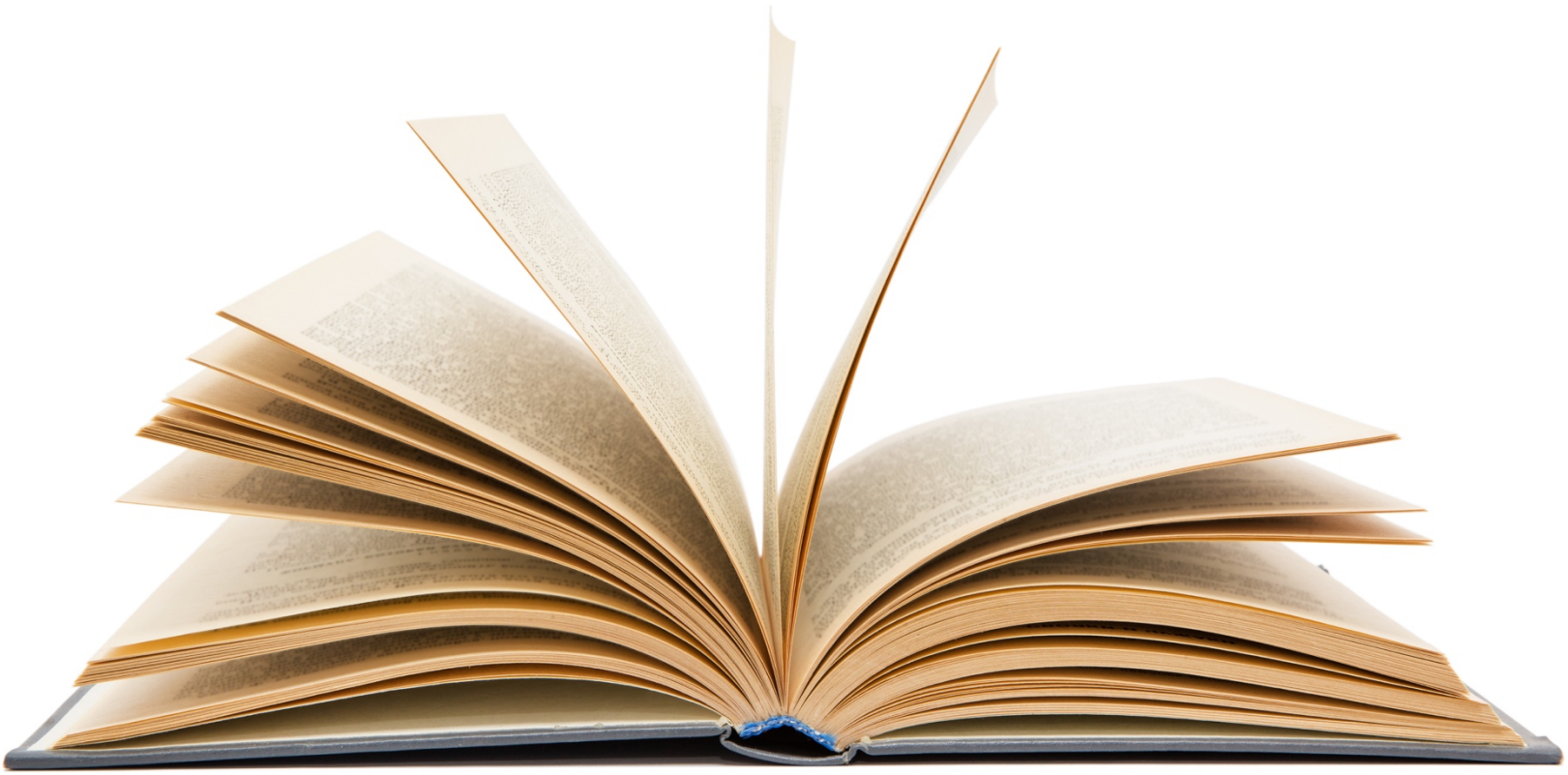
10. The Single Most Important Thing You Need to Know About Girl Powers

PHOTOS

I appreciate requests for photographs for press use. Email and let us know where you post your article so we can send a high resolution photo.

-Thank you.



Connect with **Angela C. Dingle**

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